COUGHLIN
employee benefits specialists

Coughlin & Associates Ltd.
P.O. Box 764
Winnipeg, MB R3C 2L4
Ph. (204) 942-4438
1-888-204-1234

CHANGE FORM
- DEPENDENT COVERAGE -
- BENEFICIARY DESIGNATION -

*Please complete the **applicable** sections and **sign and date** the reverse side.*
Return the form for processing.

Note: this form can only be used for changes to your existing records. When enrolling for the first time, please complete an **Application for Group Coverage.**

PLAN MEMBER'S INFORMATION

Local Union or Employer: _____

Name of Plan Member: _____

Mailing Address: _____ City and Province: _____ Postal Code: _____

Telephone: _____ Email Address: _____

Social Insurance Number: _____ _____ _____ Date of Birth: _____
day / month / year

CHANGE IN RELATIONSHIP STATUS

Add ☐ **Remove** ☐

Date of Marriage or Commencement of Common-Law Relationship

_____
day month year

Date of Separation or Divorce or Co-habitation

_____
day month year

Change of Status due to:

☐ Single ☐ Married ☐ Common-Law ☐ Widowed

☐ Separated ☐ Divorced ☐ Cessation of co-habitation

ADDITION / REMOVAL OF DEPENDENT(S)

I wish to add and/or remove the following dependant(s) from my group benefit plan:

Spouse/Partner's Information

_____
last name first name middle initial

_____
date of birth (day/month/year)

Gender
☐ Male ☐ Female

What group benefits coverage does your spouse have through an employer?

Healthcare → Does this include prescription drug coverage?
☐ Single ☐ Family ☐ Waived ☐ None ☐ Yes ☐ No

Dentalcare
☐ Single ☐ Family ☐ Waived ☐ None

Visioncare
☐ Single ☐ Family ☐ Waived ☐ None

In the case of children of a common-law spouse, I certify that these children reside with me and are dependent upon me for support.

Dependent(s) Information (If there are more than four dependants, please attach a separate list.)	**Date of Birth**	**Relationship to Insured**	**Gender**	**Full time Student**	**Disabled Dependent**
_____ last name first name middle initial	_____ (day / month / year)	_____	Male ☐ Female ☐	Yes ☐ No ☐	Yes ☐ No ☐
_____ last name first name middle initial	_____ (day / month / year)	_____	Male ☐ Female ☐	Yes ☐ No ☐	Yes ☐ No ☐
_____ last name first name middle initial	_____ (day / month / year)	_____	Male ☐ Female ☐	Yes ☐ No ☐	Yes ☐ No ☐

GROUP OR EMPLOYER: : _____

Plan Member's name : _____ Date: _____

CHANGE IN BENEFICIARY – HEALTH AND WELFARE PLAN

I hereby revoke all previous beneficiary designations and appoint the following revocable beneficiary(ies) of any Life benefits payable under the Health and Welfare Plan upon my death, and discharge the Trustees of the Plan to the extent of such payment. (Note: Your designation of a beneficiary will not be revoked or changed automatically by any future marriage or divorce. Should you wish to change your beneficiary in the event of a future marriage or divorce, you will have to do so by means of a new designation.) **If more than one beneficiary is named, total distribution of the benefits must equal 100%.**

Beneficiary's Name(s)			Percent allocated	Relationship to Plan Member
last name	first name	middle initial	_____	_____
last name	first name	middle initial	_____	_____
last name	first name	middle initial	_____	_____

Contingent beneficiary – or Secondary beneficiary in the event the beneficiary(ies) dies before me, the life benefit set out in the Group Insurance plan is to be paid to:

_____

Name of contingent beneficiary Relationship to Plan Member

CHANGE IN BENEFICIARY – PENSION PLAN

I hereby revoke all previous beneficiary designations and appoint the following revocable beneficiary(ies) of any Pension death benefits payable under The Pension Plan upon my death, and discharge the Trustees of the Plan to the extent of such payment . **If more than one beneficiary is named, total distribution of the benefits must equal 100%.** (Note: Your designation of a beneficiary will not be revoked or changed automatically by any future marriage or divorce. Should you wish to change your beneficiary in the event of a future marriage or divorce, you will have to do so by means of a new designation). **Under most pension jurisdictions, spousal rights override non-spousal beneficiary designations.** Please note, your spouse or common-law partner may elect to waive their rights to pre-retirement death benefits by completing the appropriate waiver form.

Beneficiary's Name(s)			Percent allocated	Relationship to Plan Member
last name	first name	middle initial	_____	_____
last name	first name	middle initial	_____	_____
last name	first name	middle initial	_____	_____

Contingent beneficiary – or Secondary beneficiary in the event the beneficiary(ies) dies before me, the pension death benefit set out in the Pension Plan is to be paid to:

_____

Name of contingent beneficiary Relationship to Plan Member

TRUSTEE APPOINTMENT FOR HEALTH & WELFARE AND/OR PENSION PLAN

If designating a beneficiary who is a minor (under age 18) or who lacks legal capacity to receive the proceeds, you **must** appoint a trustee/administrator.

If you are designating a trustee/administrator, we recommend you consult with a legal advisor, and with any proposed trustee/administrator.

_____

Trustee Name Relationship to plan member

Signature of Plan Member:_____ Date: _____

D / M / Y

PLEASE RETURN TO COUGHLIN & ASSOCIATES LTD.